



THE BULLETIN

11 AUGUST 2024

19TH SUNDAY IN ORDINARY TIME (YEAR B)

The Gathering of Manna by Guido Reni



I am the living bread come down from heaven.
This Sunday's Gospel - John 6:41-51

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Chatswood NSW 2067

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GLAD YOU'RE HERE

Welcome

A very warm welcome to you, especially to anyone new and visiting our parish. It is good to have you with us! If you have any questions or would like to know more about our community at Our Lady of Dolours please contact us at 02 9410 9000 or email us at chatswoodoffice@bbcatholic.org.au - we would love to hear from you.

Check out the great photos from all our events over the past week inside! A big thank you to everyone who organised these events, helping to make our church a special community.

This year's Homeless Week Appeal for our Diocese takes place this weekend. You'll find envelopes in the pews and our contributions will aid essential services for those in need, such as Mary Mac's Place in Woy Woy, which provides meals, showers, and support. Last year's appeal raised nearly \$91,000, helping countless individuals. Thank you for anything you are able to give!

Next week, we'll celebrate the Assumption of the Blessed Virgin Mary on August 15th. This Holy Day of Obligation calls all Catholics to attend Mass and honour a fundamental truth of our faith: that Mary was taken body and soul into Heaven. This feast highlights her vital role in our Salvation History and reaffirms God's love and promise to us of eternal life.

Thank you to Sandra Byak for generously donating this week's flowers for the church.

For any inclusions to next week's bulletin, please email your content to Olivia at Olivia.Lee@bbcatholic.org.au by the close of business on Wednesday.

 **Our Lady**
OF DOLOURS

Dear friends



Fr David Ranson
PP VG
Parish Priest

This weekend, Thursday 15 August, we celebrate our annual Solemnity of the Assumption. This is a holy day of obligation given its significance for our life of faith and discipleship. Mary, the Mother of Jesus, is the first to participate in the mystery of the Resurrection and its promise. She who brought forward the Author of Life now enters the new life given us by his Resurrection. Mary comes to eternal life without the decay of death to show us all the hope which is our destiny. Assumed into heaven without the grave, she is the first to participate in the Resurrection of the Body. This understanding of Mary's exemplification of the destiny that awaits each of us has been part of the Church's Tradition from the beginning. It is interesting that, precisely for this reason, the Church in its long Tradition has never celebrated a relic, real or purported, of Mary.

It has struck me that we celebrate the Assumption of Mary at a beautiful time in our year in Australia. The light has changed, the wattles are beginning to bloom. For our aboriginal peoples, these signs represented a new year stirring. We too are celebrating that something remarkably new has happened in our world through Mary - the woman of Nazareth who always lived 'yes' to God's invitation.

We have many opportunities to come together for Mass on Thursday 15 August: 7.00am, 9.00am, 10.30am (Pius College Mass), 12.30pm and 7.00pm. We also have the opportunity to come together on the evening of Thursday 15 August at 8.00pm to pray the Rosary online. The details are in our bulletin.

Our preparation for the Feast Day of Carlo Acutis (12 October) continues. Given multiple factors, however, we have now determined to hold the Mass of the Feast Day on its eve, Friday 11 October at 7.00pm. This will be followed by the opportunity of veneration of his relic, and Eucharistic Adoration through the night until our 9am Mass on Saturday. Do put the date in the diary! In the meantime, we are packing up the parish library this weekend so that work on its renovation might commence in the coming weeks. We will put the books in storage until we can put them on the shelves of our new library in our church foyer.

Fr Anselam is currently on his annual leave, having returned to India last week where he is visiting his family. We keep him our prayer, praying for his safe return to us at the end of August.



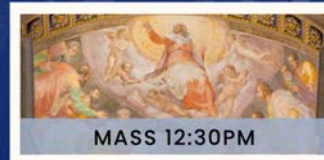
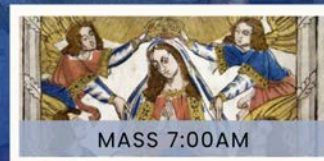
This week's church flowers are generously donated by **Sandra Byak** in loving remembrance of the anniversary of

Petar, Maria, and Marin Sardelic



JOIN US AUGUST 15 TO CELEBRATE THE SOLEMNITY OF THE

ASSUMPTION OF THE BLESSED VIRGIN MARY



Thank you!

CatholicCare
Diocese of Broken Bay

COMBATING HOMELESSNESS TOGETHER

Please donate to CatholicCare's homelessness services across the Diocese

Donor envelopes available during Mass Saturday and Sunday 10 & 11 August



OUR LADY OF SORROWS CHURCH
94 ARCHER ST, CHATSWOOD
CHATWOODOFFICE@BBCATHOLIC.ORG.AU

IN OUR PRAYERS WE REMEMBER:

Our community would love to pray for you. If you have an intention you would like to be included in this bulletin e-mail
chatswoodoffice@bbcatholic.org.au



Rock of constancy, pray for us.

*Refuge of the abandoned,
pray for us.*

Mirror of patience, pray for us

Mother of consolation, pray for us.

*Companion of the sorrowful,
pray for us.*

*Protectress of those who fight,
pray for us.*

Our loved ones who have recently passed away:

Paul Yong (husband of Cecilia, brother of Rita Hung); Peter George Stuart; Lillian McDonough; Dr Larry Yip; Paul Lim; Astrid Ingham Brooke; Cornelius Keenan; Deacon Franklin Hung (brother of Rita Hung).

Our loved ones who are sick:

Sr Marie Dayton; Giselle Clark; Judith Ryan; Sally Luxton; Jim & Ann Avery; Thomas West; Lucy Rodriguez; Gillian Hawkins; Leo Barry; Donna Fernandez; Allison Roberts; Zac Vlasic; Ying Leong Fong (father in law of Hannah Fong); The mother of Fr Greg Skulski; Helen Coutts-Trotter (sister of Terry Meagher); Teddy Malapira; Kristen O'Loan; Mitch East; Margaret; Victor Villanueva Herriquez; Johnson Siu; Joseph Bonnici; Bill Piper; Frank Hallissy; John O'Brien; Gerard De Leon; Carlos De Leon; Mary Kin-Soon Ng; Bonnie Leung; John Tiorg and family; Esther Grant and family.

Our loved ones, at rest with God, whose anniversaries fall at this time:

Hilary Isabel Coutinho; Petar Sardelic - 16th August; Maria Sardelic - 14 August; Marin Sardelic - 8 August; Atanasius Teno Tjung - 8 August; Bartolo Paino - 12 August (Father of Maria Paino); Frances Hung; Victor Maher (father of Cheryl Thomas); Gary Maher (brother of Cheryl Thomas); Zelimir Cetinic Pensa & Family; Franko Vlatko & Family; Wah Chew Chan - 8 August; Irene Ward (mother of Judith Ryan); Charles Shortis (father of Stephen Shortis).

Our loved ones celebrating their birthdays:

Daven Fajilan.

GOSPEL REFLECTION



**Deacon
Richard Houwing**
Parish Deacon

In today's reading, St. Paul guides us in living as a new creation in Christ. His letter to the Ephesians calls us to honour the transformative power of Christ's presence in our lives and urges us to live in ways that do not grieve the Holy Spirit. To grieve the Spirit means to cause sorrow, pain, or distress through our actions that deviate from God's hope for us. Understanding this, we recognise the importance of aligning our lives with the values and teachings of Christ, fostering a life of compassion, kindness, and forgiveness.

Paul's message encourages us to manage our emotions, not by suppressing them but by channelling them in ways that bring God into those moments. Bitterness and anger can corrupt our spirit and harm our relationships. Bitterness, characterised by a resentful spirit, hinders reconciliation and peace, which are core to Christian living. Anger, often a reaction to perceived wrongs, must be controlled to prevent actions that might harm others and our spiritual well-being. Through self-control, we honour God and reflect His love in our interactions.

One of the key traits Paul highlights is the importance of being kind, tender, and forgiving. These virtues are not just moral suggestions but reflections of Christ's actions towards us. Jesus's forgiveness and sacrifice are the ultimate examples of love and compassion. By forgiving others as Christ forgives us, we participate in the divine act of love, offering a fragrant offering to God. This kindness and forgiveness are tangible ways to emulate Christ, extending grace even when it feels challenging.

The concept of "paying it forward" aligns beautifully with Christian charity. This practice involves doing good deeds without expecting anything in return, inspired by the hope that the recipient will continue the chain of kindness. This idea is a practical expression of God's love, shown in everyday acts of generosity and compassion. Stories of kindness, both grand and small, demonstrate the powerful impact of love and the potential to transform lives and communities. They remind us that despite the darkness we might see, there is a pervasive light of compassion in the world.

However, living out these virtues consistently can be daunting. We all experience moments when our capacity for kindness and forgiveness feels limited, often due to past hurts or personal struggles. St. Ignatius of Loyola offers insight into this through his concepts of consolation and desolation. Consolation, a state of feeling close to God, fills us with peace, joy, and love, making it easier to act with compassion. In contrast, desolation is marked by feelings of darkness

and discouragement, where our capacity for kindness is diminished.

Recognising these spiritual states is crucial. During times of consolation, we can embrace and extend our capacity for compassion. In moments of desolation, we need to seek God's grace through prayer, spiritual counsel, and acts of service. Helping others and paying it forward, even when we feel distant from God, can uplift our spirits and restore our sense of purpose.

In conclusion, St. Paul's letter to the Ephesians calls us to embody Christ's love through compassion, kindness, and forgiveness. By managing our emotions, practising self-control, and extending grace, we live out the new creation we become in Christ. The acts of paying it forward and recognising our spiritual states of consolation and desolation help us navigate our journey of faith. Let us strive to emulate Christ in our daily lives, offering our own fragrant offerings of love and compassion to God the Father, and inspiring others to do the same.

FEASTS OF THE BLESSED VIRGIN MARY IN AUGUST

Please join us to pray the rosary together via Zoom to honour the Blessed Virgin Mary on her special feast days.



**ASSUMPTION OF THE
BLESSED VIRGIN MARY
BODY AND SOUL INTO HEAVEN**

**THURSDAY 15 AUGUST
at 8 pm**

<https://us02web.zoom.us/j/88486181147>

**Meeting ID: 884 8618 1147
(No Passcode required)**



**CROWNING OF THE
BLESSED VIRGIN MARY AS QUEEN OF
HEAVEN AND EARTH**

**THURSDAY 22 AUGUST
at 8 pm**

<https://us02web.zoom.us/j/87674750323>

**Meeting ID: 876 7475 0323
(No Passcode required)**

(Please note different Zoom Links for different days)



**SAINT
MAXIMILIAN
MARY
KOLBE**

SOLEMNITY 14 AUGUST

- Maximilian Kolbe was a strong devotee of the Immaculate Conception of Mary, earning him the title "Saint of the Immaculata." He founded the Militia Immaculatae (Army of the Immaculata).
- Kolbe is most famously known for his martyrdom in Auschwitz concentration camp. He volunteered to take the place of a fellow prisoner who was sentenced to death.
- Before his religious life, St Maximilian was interested in science and studied physics and mathematics, showing his diverse talents and interests.
- St Maximilian was known for his innovative evangelization, using modern media like newspapers and radio to spread the Gospel.

VINNIES CHATSWOOD JULY REPORT



Chatswood Vinnies received 18 calls for help in July, the highest number of monthly calls to date. 10 were from people unknown to us. Some had complex problems eg 4 were struggling DV victims, others were relatively easy to help with basic material needs such as a homeless family or newly released prisoner moving into public housing and others needing furniture, clothes, food or pressing bills. Complex problems we can only be supportive and help overcome pressing needs and provide local service options if needed. Problems encountered included need to remove to safe digs, unaffordable accomodation, lack of budgetary skills, mental health issues and cost of medical/pharmaceutical needs, impacts of legal problems and sudden loss of income. Most people on low income have limited ability to adjust to changed circumstances eg furniture replacement. In all we supplied over \$6 500 of material needs.

At playgroup this week we celebrated two birthdays - Abigail turning 3 and Felicity turning 1! We ate cake and did tracing, cutting and gluing pictures with our parents 😊





Our First Saturday Public Rosary came together again to pray for our world, and we've been having a cuppa together afterwards! Join us at the next one, Sep. 7!



A beautiful day for our plant barter in the PEW garden! Thank you to everyone who came and the PEW team for organising!



Our catechists headed out to Mary MacKillop place in North Sydney to join in the Feast Day celebrations yesterday!



How good are these smiles! 😊 We joined others across the diocese at the Xavier School of Preaching at ACU—a fantastic opportunity to hone our skills to preach and teach God's Word with faithfulness, love, and energy in all our ministries



Our statues of Blessed Carlo Acutis are ready to be painted and brought over by our parishioner, Sally!



Our Filipino community came together for their monthly Mass and fellowship - another joyful and vibrant celebration that everyone is welcome to join!

OUR SUNDAY CELEBRATION

Nineteenth Sunday in Ordinary time / B

11 August 2024

WHOEVER BELIEVES HAS ETERNAL LIFE. Throughout John's Gospel many people struggled to understand who Jesus was. Despite the signs he performed, they simply could not believe his claim that he has come from God. Certainly, this claim of Jesus is remarkable, even scandalous. We need the gift of faith to accept it. Our faith in Jesus, the Bread of Life, is expressed and deepened by our participation in the Eucharist.

INTRODUCTORY RITES

ENTRANCE ANTIPHON cf. Ps 73: 20, 19, 22, 23

Look to your covenant, O Lord, and forget not the life of your poor ones for ever.

Arise, O God, and defend your cause, and forget not the cries of those who seek you.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (striking the breast) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

V. Lord, have mercy.

R. Lord, have mercy.

V. Christ, have mercy.

R. Christ, have mercy.

V. Lord, have mercy.

R. Lord, have mercy.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins

of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your sons and daughters, that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING

1 Kings 19: 4-8

A reading from the first book of Kings.

Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord. R.

Thanks be to God.

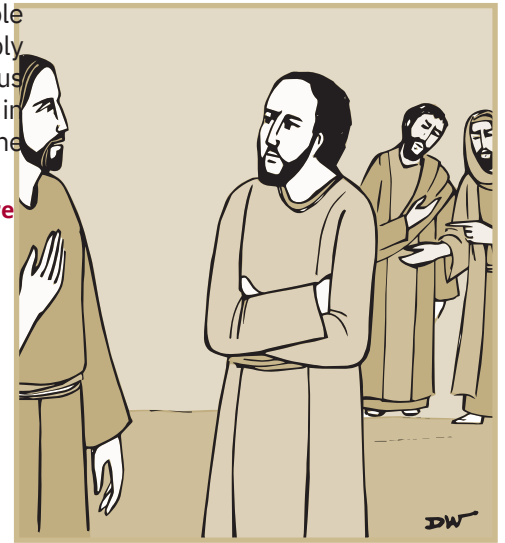
RESPONSORIAL PS

Ps 33: 2-9. R. v. 9

R. Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, / his praise always on my lips; / in the Lord my soul shall make its boast. / The humble shall hear and be glad. **R.**

2. Glorify the Lord with me. / Together let us praise his name. / I sought the Lord and he answered me; / from all my terrors he set me free. **R.**



3. Look towards him and be radiant; / let your faces not be abashed. / This poor man called; the Lord heard him / and rescued him from all his distress. **R.**

4. The angel of the Lord is encamped / around those who revere him, to rescue them. / Taste and see that the Lord is good. / He is happy who seeks refuge in him. **R.**

SECOND READING

Eph 4: 30-5: 2

A reading from the letter of St Paul to the Ephesians.

Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.

R. Thanks be to God.

GOSPEL ACCLAMATION

Jn 6: 51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;

whoever eats this bread will live for ever. Alleluia!

GOSPEL

Jn 6: 41-51

P. The Lord be with you.

R. And with your spirit.

P. A reading from the holy Gospel according to John.

R. Glory to you, O Lord.

I am the living bread come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day.

It is written in the prophets:

They will all be taught by God,
and to hear the teaching of the Father,
and learn from it,
is to come to me.

Not that anybody has seen the Father,
except the one who comes from God:

he has seen the Father.

I tell you most solemnly,
everybody who believes has eternal life.

I am the bread of life.

Your fathers ate the manna in the desert

and they are dead;

but this is the bread that comes down from
heaven,

so that a man may eat it and not die.

I am the living bread which has come down
from heaven.

Anyone who eats this bread will live for ever;

and the bread that I shall give

is my flesh, for the life of the world.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH

APOSTLES' CREED

Or the Nicene Creed may be said.

**I believe in God, / the Father almighty, /
Creator of heaven and earth, / and in Jesus
Christ, his only Son, our Lord, / who was
conceived by the Holy Spirit, / born of the
Virgin Mary, / suffered under Pontius
Pilate, / was crucified, died and was
buried; / he descended into hell; / on the
third day he rose again from the dead; / he
ascended into heaven, / and is seated at
the right hand of God the Father
almighty; / from there he will come to
judge the living and the dead. / I believe in
the Holy Spirit, / the holy catholic
Church, / the communion of saints, / the
forgiveness of sins, / the resurrection of
the body, / and life everlasting. Amen.**

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

*After the priest raises the paten with the
bread and prays, and then the chalice, we
respond to each prayer:*

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that
my sacrifice and yours may be acceptable to
God, the almighty Father.

**R. May the Lord accept the sacrifice at
your hands for the praise and glory of his
name, for our good and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

P. Be pleased, O Lord, to accept the offerings
of your Church, for in your mercy you have
given them to be offered and by your power
you transform them into the mystery of our
salvation. Through Christ our Lord.

R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

After the Preface, we sing or say:

**All: Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest. Blessed is he
who comes in the name of the Lord.
Hosanna in the highest.**

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

**All: Save us, Saviour of the world, for by
your Cross and Resurrection you have
set us free.**

COMMUNION RITE

P. At the Saviour's command and formed by
divine teaching, we dare to say:

All: Our Father, who art in heaven . . .

P. Deliver us, Lord, we pray. . .

**All: For the kingdom, the power and the
glory are yours now and for ever.**

P. Lord Jesus Christ, who said. . .

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace.

LAMB OF GOD

**All: Lamb of God, you take away the sins
of the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, grant us peace.**

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who
takes away the sins of the world. Blessed are
those called to the supper of the Lamb.

**R. Lord, I am not worthy that you should
enter under my roof, but only say the
word and my soul shall be healed.**

COMMUNION ANTIPHON Ps 147: 12, 14

**O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.**

PRAYER AFTER COMMUNION

P. May the communion in your Sacrament
that we have consumed, save us, O Lord,
and confirm us in the light of your truth.
Through Christ our Lord.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you,
the Father, and the Son, ✠ and the Holy
Spirit.

R. Amen.

P. Go forth, the Mass is ended.

R. Thanks be to God.

BREAKING OPEN THE WORD

THE LIVING BREAD

Today we continue the focus on the Bread
from Heaven. In the first reading we see
Elijah in the wilderness fleeing from
Jezebel. He just wants to lay down and die
but an angel of the Lord touches him twice
repeating 'Get up and eat.' All there was to
eat was a round flat loaf and water too, but
it was enough for the 40 day/ night journey
to Horeb, the mountain of God. God
provided food for the journey as previously
in the desert with Moses.

In the continuation of the Bread of
Heaven discourse in John's Gospel, we
find the Judeans are complaining about
Jesus' claim to be 'the bread that came
down from heaven.' They are grumbling
and complaining like the Israelites in
the desert. Jesus responds recalling the
scriptures (Isaiah 54:13) that it is God who
teaches them. The 'Amen, Amen' saying,
translated as 'I tell you most solemnly,'
emphasises the truth and faithfulness of
this saying. In John's Gospel the double
Amen appears 25 times, always uttered
by Jesus. In this important statement
there is to be no doubt that Jesus is the
'bread of life.' He is the bread that comes
down from heaven, the 'living bread.'
The final sentence indicates not only
that eating this bread means eternal life
but that the bread that Jesus gives for the
life of the world is his flesh. We readily
understand this as his crucifixion. Beyond
this the Judeans will complain further. As
we hear these words let us contemplate
the gift that Jesus gave us.

Dr Rosemary Canavan

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NEXT WEEK IN THE CHURCH

Monday
12 August

- 11:30am Chaplet of Divine Mercy, Rosary (Cenacle, MMP).
- **12:30pm Mass.**
- 1:00pm Rosary.
- 1:30pm Organ practice SC.
- 3:00pm Organ lesson SC.

Tuesday
13 August

- 8:45am Morning Prayer.
- **9:00am Mass.**
- 9:30am Rosary and Chaplet of Divine Mercy.
- 10:30am Organ practice SC.
- **12:30pm Mass.**
- 1:00pm Rosary.
- 2:00pm Organ practice.
- 4:00pm Organ practice.
- 7:15pm Filipino choir practice.

Wednesday
14 August

**Memorial:
Saint Maximilian
Mary Kolbe**

- 8:45am Morning Prayer.
- **9:00am Mass.**
- 9:30am Rosary and Chaplet of Divine Mercy.
- **12:30pm Mass.**
- 1:00pm Rosary.
- 3:30pm Organ practice BJ.
- **6:00pm Mass.**

Thursday
15 August

**Solemnity:
Assumption of
the Blessed
Virgin Mary**

- 8:45am Morning Prayer.
- **9:00am Mass.**
- **10:30am Mass for St Pius X school**
- **12:30pm Mass.**
- 1:00pm Rosary.
- 2:00pm Organ practice.
- 3:30pm Organ lesson TL.
- 4:30pm Organ lesson SL.
- **7:00pm Mass.**
- 8:00pm ZOOM Rosary.

**Please note that morning and evening Adoration is cancelled to allow for the extra Masses for this Solemnity.*

Friday
16 August

- 8:45am Morning Prayer.
- **9:00am Mass.**
- 9:30am Rosary and Chaplet of Divine Mercy.
- 10:30am Organ practice SC.
- **12:30pm Mass.**
- 1:00pm Rosary.
- 3:00pm Organ lesson BJ.
- 4:00pm Organ practice and lesson AH.

Saturday
17 August

- 8:45am Morning Prayer.
- **9:00am Mass.**
- **9:30am Eucharistic Exposition and Adoration with Reconciliation, Rosary.**
- 10:00am Novena Our Lady of Perpetual Help.
- 11:00am Choir practice.
- 12:30pm Organ practice SC.
- 1:30pm Baptism.
- 4:45pm Vigil singer bookings.
- **5:30pm Vigil Mass.**

Sunday Mass
18 August

21st Sunday in Ordinary Time

- **7:30am Mass.**
- **9:00am Mass.**
- **10:30am Mass.**
- 1:30 Organ practice SC.
- 2:30pm Organ practice AH.
- 4:00pm Youth choir AW.
- **5:30pm Mass.**
- **7:00pm Indonesian Community Mass.**



Holy Heritage: A Pilgrimage to the
Philippines
16 - 24 Feb 2025

The poster features three circular images: a church facade, a large bell tower, and an interior view of a church with a high altar.

All are welcome to join our pilgrimage and immerse yourselves in a spiritual journey through the rich and vibrant culture of the Philippines.

Explore renowned churches and sacred sites, guided by our chaplain, Fr David Ranson!



Manila Cathedral
Guimaras: Trappist Monastery
Lobok River Cruise
Bantay Church Bell Tower

and more!

\$3 500 pp

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EXCLUDES PLANE FARES FROM SYDNEY TO MANILA AND BACK, & OPTIONAL TOURS BEFORE AND AFTER THE PILGRIMAGE TOUR



Ditas: 0405 999 510

Rene: 0413 558 836



philpilgrimage2025@gmail.com

你們不要叫天主的聖神憂鬱，因為你們是在他內受了印證，以待得救的日子。一切毒辣、怨恨、忿怒、爭吵、毀謗以及一切邪惡，都要從你們中除掉；彼此相待，要良善，要仁慈，互相寬恕，如同天主在基督內寬恕了你們一樣。 厄弗所書 4:30-32

And do not grieve the holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. (And) be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ. Ephesians 4:30-32

NEXT WEEK IN THE MEETING ROOMS

- Monday
12 August
- 10:00am Atrium for 3-6 year olds (Atrium).
 - 1:30pm Friends & Fellowship (St Paul).
 - 3:45pm Atrium for 3-6, 6-9 & 9-12 year olds (Atrium).
 - 4:00pm Private booking EHS (St Peter).

- Tuesday
13 August
- 10:00am Bible Study and Discussion (St Paul).
 - 3:45pm Atrium for 3-6, 6-9 & 9-12 year olds (Atrium).
 - 4:00am Private booking EHS (St Peter).
 - 7:00pm Indonesian Legion of Mary (St Peter).
 - 7:00pm Journey into Truth (Magnificat, St Paul) set up 5:30pm.

- Wednesday
14 August
- 9:30am English Lifestyle Conversations (Magnificat).
 - 4:00pm Private Booking EHS (St Peter).
 - 6:00pm Indonesian musical instruments practice (Harrington Hall).
 - 7:00pm Exploring the Faith (St Peter).
 - 7:00pm Men Alive faith reflection & discussion (Magnificat).

- Thursday
15 August
- 10:00am Atrium for 3-6 year olds (Atrium).
 - 1:00pm Playgroup (Magnificat) set up 12:00pm.
 - 4:00pm Private Booking EHS (St Peter).
 - 6:00pm Altos choir practice (St Paul).

- Friday
16 August
- 10:00am Meditation and Sharing (St Paul) set up 9:30am.
 - 4:00pm Private Booking EHS (St Peter).
 - 7:00pm Our Lady's Ladies (Magnificat) set up 6:00pm.
 - 7:00pm Online Zoom Meditation and Sharing.

- Saturday
17 August
- 10:00am Music Lessons (St Paul).
 - 10:30am Legion of Mary Praesidium (St Peter) set up 10:00am.
 - 12:30pm Choir practice for Poland (St Paul).
 - 7:00pm Korean Bible reading & discussion (St Paul).

- Sunday Mass
18 August
- 9:30am Choir Practice (St Paul).
 - 5:00pm Indonesian choir practice (St Paul) set up 4:00pm.
 - 8:00pm Indonesian community fellowship after Mass (Magnificat, St Paul) set up 5:30pm.
 - 6:30pm Capstone young adults gathering (Harrington Hall) set up 4:30pm.

IGNITE CONFERENCE 24
GREATER SYDNEY

JOIN OUR PARISH YOUTH AT IGNITE SUBSIDISED TICKETS

- *High School/ Young Adult tickets*
\$295 tickets reduced to \$73.75 through a 50% discount from Mission Broken Bay and a further 25% from Our Lady of Dolours
- *Ignite Kids Primary School tickets*
Subsidised tickets, through Our Lady of Dolours, reduced by 50% to \$62.50 from \$125

Contact bettina.ignacio@bbcatholic.org.au to secure a ticket

Igniting young hearts



CHATSWOOD menALIVE

Chatswood menALIVE is part of a National Catholic Mens Movement these past 20 years and is represented in 26 dioceses throughout Australia and New Zealand encompassing some 25,000 men.

The purpose of menALIVE is to help men discover God at work in their lives, a God who is walking beside them on their own personal journey.

Chatswood menALIVE meets twice monthly to discuss men's topics, leading to in-depth personal reflection & prayer with a scriptural basis.

In addition to regular monthly meetings, other events include:

- A National Conference (menALIVE MAX)
- State of Origin Nights
- Sydney Camino Walk
- Men's Masses & Bar B Q's
- Men's Breakfast
- Men's Movie Nights

MEETINGS EVERY 2ND & 4TH WEDNESDAY OF THE MONTH

MAGNIFICAT ROOM

PARISH MEETING ROOMS
CNR OF ARCHER & KIRK ST, CHATSWOOD
OPPOSITE OUR LADY OF DOLOURS CHURCH

MEETINGS COMMENCE AT 7 PM

ALL MEN WELCOME
FOR MORE INFO

PETER WOO: 0433 030 016

SCOTT SULLIVAN: 0406 512 425

Choral Workshop

with Josie Ryan

24 AUGUST 2024

1:00PM – 6:30PM

**OUR LADY OF DOLOURS
CATHOLIC CHURCH**

94 ARCHER STREET, CHATSWOOD



\$30 WORKSHOP RATE*

BOOKING ESSENTIAL:

[HTTPS://WWW.TRYBOOKING.COM/CTUGS](https://www.trybooking.com/CTUGS)

OR SCAN THE QR CODE

Josie Ryan is an expert vocal coach for singers of all ages and experiences. She has conducted choirs including the ACU student and staff choir and the St Mary's North Sydney Parish Choir.

She holds a Masters degree in Early Vocal Music and Historical Performance Practice from the Royal Conservatory of The Hague, and is currently undertaking PhD studies at Sydney Conservatorium of Music.



Our Lady
OF DOLOURS

SERRA VOCATIONS MASS AND DINNER MEETING



THURSDAY 22ND AUGUST 2024 AT SACRED HEART
CHURCH 2 RICHARD PORTER WAY PYMBLE COMMENCING
WITH MASS AT 6.00 PM

OUR SPECIAL GUEST SPEAKER WILL BE SISTER VIRGINIA
BOURKE SOSJ HER TOPIC:



THE LIFE AND TIMES OF SAINT MARY MACKILLOP

Fr Aldrin Valdehueza, our Chaplain and Assistant Priest at Epping Carlingford Parish will be celebrating the Mass. Following the Mass, dinner, and a short meeting Sister Virginia will speak to us. If you would like to learn more about our very own Saint or be reminded of the wonderful woman she was, we would love you to join us for the evening.

Everyone is welcome. Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians, novices, and for the residence of Joseph House Discernment Centre. Please also pray for the perseverance of existing vocations.

For catering purposes kindly telephone Henry or Anna Leung on 0478 083 116 or email annaytleung@yahoo.com.au or telephone Terry Scanlan on 0438 887 295 or email terry_scanlan@bigpond.com if you are planning to attend.

ASSUMPTION OF THE BLESSED VIRGIN MARY

SOLEMNITY 15 AUGUST



- The belief in the Assumption was declared a dogma (an unchangeable truth of the Church) by Pope Pius XII in 1950. It asserts that Mary was taken body and soul into Heaven at the end of her earthly life.
- Ancient Tradition: The tradition of Mary's Assumption dates back to the early Church. While it was formally defined in 1950, belief in Mary's Assumption has been a part of Christian tradition for centuries.
- According to tradition, Mary's tomb was found empty. The Church of the Dormition in Jerusalem is believed to be the site where Mary fell asleep and was assumed into Heaven.



The Pope's Monthly Prayer Intention for August 2024

For political leaders:

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

The first meeting of Friends and Fellowship was held last Thursday 1 August and attracted only a few parishioners. However, those who attended became immersed in conversation such that we ended up going overtime. Our next meeting will be held on Monday 12 August at 1.15 pm in St Paul's Room.

The Friends and Fellowship group is particularly directed towards those who may have limited involvement in parish life. But all parishioners are welcome, so why not come along and see for yourself whether this group has something to offer you and whether you in turn can offer your friendship to other parishioners. Enquiries: Michael on 04669612490. - Michael O

THE BAY AND BEYOND

Ignatian Wisdom for the Everyday Pilgrim

"The way of Ignatius is about finding freedom: the freedom to become the person you're meant to be, to love and to accept love, to make good decisions, and to experience the beauty of creation and the mystery of God's love." James Martin SJ

This 2-day Retreat will provide the opportunity to take time out of your everyday life to stop reflect, and experience what it means to live the Ignatian Way.

There will be time for personal space, input, and personal reflection, sharing with others, creativity, ritual, and prayer.

When: August 23 – 25, 2024

Where: Peter Canisius House, Pymble NSW

Price: Live In: 5pm Friday – 3:30pm Sunday – \$540 (Twin Share Room) \$590 (Single Room)

Live In: 9am Saturday – 3:30pm Sunday – \$390 (Twin Share Room) \$420 (Single Room)

*Includes: accommodation, all meals including morning & afternoon teas.

Live Out: \$320 – 9am-5pm Saturday, 9am-3:30pm Sunday

*Includes: Lunch, and morning & afternoon tea.

*All cost above include retreat input, facilitation, prayer/reflection materials, and take-home resources.

More info or to book: <https://tinyurl.com/442uvpdt>

Retreat Directors: Mark and Mary Diggins

Mark and Mary are married with three adult children. They are registered Spiritual Directors, Givers of The Spiritual Exercises and Retreat Givers with Jesuit and Ignatian Spirituality Australia. They have worked in the School and Parish context for over 35 years in Ignatian Leadership, Spirituality and Ministry. Their life and work is informed by the experience of Pilgrimage after walking the Camino de Santiago, the Camino Pilgrimage to Sevenhill SA, and the Camino Ignaciano in Spain.

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Natural Fertility Awareness Week

Trust your body's natural signals of fertility:
Forget about drugs and devices

You're invited to join our Free Webinar
19 August 2024 @ 7:30 PM AEST



An introduction to the Billings Ovulation Method® to naturally manage your fertility and monitor your reproductive health.



Get ready for an unforgettable day! On Saturday, 14 September, from 9am to 5pm, The Jesuit Mission Bazaar will be held at Saint Ignatius' College Riverview!

For over 70 years, The Bazaar has been the heart of our community, raising vital funds to support Jesuit Mission's programs in over 10 countries. Since 1952, Saint Ignatius' College Riverview has generously hosted this event. Join us for a vibrant community celebration filled with rides, live music, exciting stalls, fun games, and engaging activities. Explore stalls offering delicious food, homemade jams, cakes, books, toys, a wine auction, and so much more. Over 5,000 people from the Sydney Jesuit community come together for this spectacular day, with parents, students, old boys, parishioners, other schools, and friends running the stalls.

For more details, visit jesuitmission.org.au/bazaar. To sponsor a ride, a stall, or even the whole Bazaar, please contact Katrina Tucker, Community Engagement Coordinator, at 02 8918 4109 or katrina.tucker@jesuitmission.org.au.



Wills, Enduring Guardianship and Powers of Attorney

The Catholic community of Broken Bay is invited to a

Free Seminar and Morning Tea

Featuring an expert legal advisor. An opportunity for a complimentary WILL for attendees.*

For More Information

Contact: events@bbcatholic.org.au or 02 8379 1600

Event Details

Tuesday 20 August 2024
10:30am to 12:30pm
The Epping Club
Grand Salon Room
45-47 Rawson Street
Epping NSW 2121
* Terms and conditions apply



Register Now

Hosted by:



CATHOLIC DIOCESE OF
BROKEN BAY

Supported by:



Our Lady of Dolours Parish is committed to fostering communities of safety and care for all people, especially for children and those in the community who are vulnerable. If you have any concerns about safety contact the parish office on 02 9410 9000 or contact the Office of Safeguarding on 02 8379 1605

Parish Support Team:

Parish Priest: Very Rev Dr David Ranson VG PP
 (Day off on Monday)
 David.Ranson@bbcatholic.org.au
 Personal blog: davidranson.com.au
 X (formerly Twitter): @FrDavidRanson

Assistant Priest: Rev Fr Joey Frez (Day off on Monday)
 Joey.Frez@bbcatholic.org.au

Assistant Priest: Rev Fr Anselam Lakra
 (Day off on Friday)
 Anselam.Lakra@bbcatholic.org.au

Deacon: Rev Richard Houwing (Sun)
 Richard.Houwing@bbcatholic.org.au

Manager of Parish Operations: Olivia Lee (Mon - Fri)
 Olivia.Lee@bbcatholic.org.au

Receptionist: Diana Tinambun
 chatswoodoffice@bbcatholic.org.au | (02) 9410 9000

Project Officer: Chloe Aylward (Mon - Wed)
 Chloe.Aylward@bbcatholic.org.au

Director of Music: Titus Grenyer
 Titus.Grenyer@bbcatholic.org.au

Children's Ministry Coordinator: Angela Hague
 Angela.Hague@bbcatholic.org.au | (02) 9410 9033

Pastoral Support Worker: Mona Saouma
 Mona.Saouma@bbcatholic.org.au

Youth Minister: Bettina Ignacio (Mon, Tue, Sun)
 Bettina.Ignacio@bbcatholic.org.au

Catechist Coordinator: Karen Forbes
 Karen.Forbes@bbcatholic.org.au

Book-keeper: Amelia Lee (Mon, Tue, Thur)
 Amelia.Lee@bbcatholic.org.au | (02)9410 9032

**Parent Engagement Co-Ordinator
 for Our Lady of Dolours Primary School:
 Rebecca Molinaro**

Rebecca.Molinaro@dbb.catholic.edu.au
 Thursdays 8:00am - 4:00pm

**Parent Engagement Co-Ordinator
 for Mercy Catholic Collegel:
 Annette Leahy**

annette.leahy1@dbb.catholic.edu.au
 Wednesdays 8:00am - 4:00pm

 facebook.com/OLDChatswood

 bbcatholic.org.au/chatswood

Want to receive the bulletin via e-mail?
 Contact Olivia at Olivia.Lee@bbcatholic.org.au

Regular Mass Times:

Monday	Mass 12:30pm.
Tuesday	Mass 9:00am & 12:30pm.
Wednesday	Mass 9:00am, 12:30pm & 6:00pm.
Thursday	Mass 9:00am & 12:30pm. Reconciliation: 7:00pm.
Friday	Mass 9:00am & 12:30pm.
Saturday	Mass: 9:00am Reconciliation: 9:30am. Vigil Mass: 5:30pm
Sunday	Mass <ul style="list-style-type: none"> • 7:30am • 9:00am • 10:30am • 5:30pm



On Saturday 31 August, we will come together as a parish community, to encounter one another, listen to each other, and help to discern and shape the future of our parish at our fourth Parish-in-Council meeting.

The afternoon, like our previous Parish-in-Councils, will feature lunch, thought-provoking presentations, conversations and the opportunity for each and every one of our voices to be heard.

We will meet new people, get to know one another better and continue our journey to becoming a vibrant and inclusive community of God, where everyone feels accepted, valued and known.

Q. Can I bring my children? Absolutely! We want Parish-in-Council to be accessible for all families with children of any age. That's why we created Kids-in-Council, for toddlers through to teens, running in parallel to Parish-in-Council, with catered lunch, tailored fun activities through the afternoon and projects linked to the main topic of Parish-in-Council.

Q. Who is Parish-in-Council for? Parish-in-Council is open to anyone who participates in the life of our parish, even if you live outside of Chatswood.

Q. Is registration mandatory? Yes. So that we can properly plan lunch and how many tables to fill, we need everyone to pre-register.

Register Now

To register simply visit the webpage link below or scan the QR code.

<https://parish-in-council-iv.rsvpify.com>

